Symons Recreation Complex Pool Schedule

Pool, Sauna, Whirlpool – FREE for Members!

Pool, Sauna, Whirlpool for Non-Members $6.00 /day

<table>
<tr><th></th><th>Sunday</th><th>Monday</th><th>Tuesday</th><th>Wednesday</th><th>Thursday</th><th>Friday</th><th>Saturday</th></tr>
<tr><td>6:00 AM</td><td></td><td colspan="5" rowspan="4">Lap Swim 5:30-7:45</td><td></td></tr>
<tr><td>6:30 AM</td><td></td><td></td></tr>
<tr><td>7:00 AM</td><td></td><td></td></tr>
<tr><td>7:30 AM</td><td></td><td></td></tr>
<tr><td>8:00 AM</td><td></td><td rowspan="4">Water Fitness 8-9:45</td><td rowspan="16">Open Swim/Lap Swim 8:00-12:00</td><td rowspan="4">Water Fitness 8-9:45</td><td rowspan="16">Open Swim/Lap Swim 8:00-7:30</td><td rowspan="4">Water Fitness 8-9:45</td><td rowspan="8">Open Swim/Lap Swim 8-12</td></tr>
<tr><td>8:30 AM</td><td></td><td></td></tr>
<tr><td>9:00 AM</td><td></td><td></td></tr>
<tr><td>9:30 AM</td><td></td><td></td></tr>
<tr><td>10:00 AM</td><td></td><td rowspan="5">Open Swim/Lap Swim 9:45-1:00</td><td rowspan="5">Open Swim/Lap Swim 9:45-1:00</td><td rowspan="5">Open Swim/Lap Swim 9:45-12:00</td></tr>
<tr><td>10:30 AM</td><td></td></tr>
<tr><td>11:00 AM</td><td></td></tr>
<tr><td>11:30 AM</td><td></td></tr>
<tr><td>12:00 PM</td><td></td><td></td></tr>
<tr><td>12:30 PM</td><td></td><td></td><td></td><td></td><td rowspan="5">POOL CLOSED 12:00-3:45</td><td></td></tr>
<tr><td>1:00 PM</td><td rowspan="6">Open Swim/Lap Swim 1-4</td><td>Water Fitness 1-1:45</td><td>Water Fitness 1-1:45</td><td></td></tr>
<tr><td>1:30 PM</td><td></td><td></td><td></td></tr>
<tr><td>2:00 PM</td><td rowspan="5">Open Swim/Lap Swim 1:45-5:30</td><td rowspan="5">Open Swim/Lap Swim 1:45-5:30</td><td></td></tr>
<tr><td>2:30 PM</td><td></td></tr>
<tr><td>3:00 PM</td><td></td></tr>
<tr><td>3:30 PM</td><td></td><td></td></tr>
<tr><td>4:00 PM</td><td></td><td rowspan="5">Open Swim/Lap Swim 3:45-7:30</td><td></td></tr>
<tr><td>4:30 PM</td><td></td><td></td></tr>
<tr><td>5:00 PM</td><td></td><td></td></tr>
<tr><td>5:30 PM</td><td></td><td>Water Fitness 5:30-6:15</td><td>Water Fitness 5:30-6:15</td><td></td></tr>
<tr><td>6:00 PM</td><td></td><td rowspan="2">Open Swim/ Lap Swim 6:15-7:30</td><td rowspan="2">OpenSwim/ Lap Swim 6:15-7:30</td><td></td></tr>
<tr><td>6:30 PM</td><td></td><td></td></tr>
<tr><td>7:00 PM</td><td></td><td></td><td></td><td></td><td></td><td></td></tr>
<tr><td>7:30 PM</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr>
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· Pool is closed if guards are unavailable—call to confirm schedules.

· Cell Phones are prohibited in locker rooms. Phone lockers are available in the lobby.

· POOL PARTIES available Saturday afternoons and Sunday mornings & nights. Contact us for details.

· During shared Open/Lap Swim times, 2 lanes will be available for laps. The remainder of the pool is for open swimming. Respect other swimmers.