Symons Recreation Complex Pool Schedule

Pool, Sauna, Whirlpool – FREE for Members!

Pool, Sauna, Whirlpool for Non-Members $6.00 /day

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM		Lap Swim 5:30-7:45					
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM		Water Fitness 8-9:45	Open Swim/Lap Swim 8:00-7:30	Water Fitness 8-9:45	Open Swim/Lap Swim 8:00-7:30	Water Fitness 8-9:45	Open Swim/Lap Swim 8-12
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM		Open Swim/Lap Swim 9:45-1:00		Open Swim/Lap Swim 9:45-1:00		Open Swim/Lap Swim 9:45-12:00	
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM	Open Swim/Lap Swim 1-4	Water Fitness 1-1:45		Water Fitness 1-1:45		POOL CLOSED 12:00-3:45	
1:30 PM							
2:00 PM		Open Swim/Lap Swim 1:45-5:30		Open Swim/Lap Swim 1:45-5:30			
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM						Open Swim/Lap Swim 3:45-7:30	
4:30 PM							
5:00 PM							
5:30 PM		Water Fitness 5:30-6:15		Water Fitness 5:30-6:15			
6:00 PM							
6:30 PM		Open Swim/ Lap Swim 6:15-7:30		OpenSwim/ Lap Swim 6:15-7:30			
7:00 PM							
7:30 PM							

· Pool is closed if guards are unavailable—call to confirm schedules.

· Cell Phones are prohibited in locker rooms. Phone lockers are available in the lobby.

· POOL PARTIES available Saturday afternoons and Sunday mornings & nights. Contact us for details.

· During shared Open/Lap Swim times, 2 lanes will be available for laps. The remainder of the pool is for open swimming. Respect other swimmers.