

Effective 9/14

Symons Recreation Complex Pool Schedule

Pool, Sauna, Whirlpool – FREE for Members!

Pool, Sauna, Whirlpool for Non-Members \$6.00/day

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM		Lap Swim 5:30-8					
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM		Adult Water Fitness 8-9:45	Open/Lap Swim 8-7:30	Adult Water Fitness 8-9:45	Open/Lap Swim 8-10:30	Adult Water Fitness 8-9:45	Open Swim 8-12
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM		Open/Lap 9:45-10:30					
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM		Open/Lap 9:45-1:00					
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM	Open Swim 1-4	Water Fitness 1-2	Water Fitness 1-2				
2:30 PM		Open/Lap 2-7:30			Open/Lap 2:00-7:30		
3:00 PM							
3:30 PM							
4:00 PM			Open/Lap 1:30-7:30	Open Swim 4-7:30			
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM		Water Fitness 5:30-6:30	Water Fitness 5:30-6:30				
6:30 PM		Open Swim/Lap Swim 6:30-7:30	Open Swim/Lap Swim 6:30-7:30				
7:00 PM							
7:30 PM							
· Pool is closed on major Holidays and during Swim Team Meets · Pool also closed if guards are unavailable—call to confirm schedules. · Schedule is subject to change WEEKLY!				· POOL PARTIES available Saturday afternoons and Sunday mornings & nights. Contact us for details. · During shared Open/Lap Swim times, 2 lanes will be available for laps. The remainder of the pool is for open swimming. Respect other swimmers.			