

### Symons Recreation Complex Pool Schedule

*Pool, Sauna, Whirlpool – FREE for Members!*

*Pool, Sauna, Whirlpool for Non-Members \$6.00 /day*

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6:00 AM		Lap Swim 5:30-7:45							
6:30 AM									
7:00 AM									
7:30 AM									
8:00 AM		Adult Water Fitness 8-9:45	Open Swim/Lap Swim 8:00-7:30	Adult Water Fitness 8-9:45	Open Swim/Lap Swim 8:00-7:30	Adult Water Fitness 8-9:45	Open Swim/Lap Swim 8-12		
8:30 AM									
9:00 AM									
9:30 AM		Open Swim/Lap Swim 9:45-1:00		Open Swim/Lap Swim 9:45-1:00		Open Swim/Lap Swim 9:45-1:00			
10:00 AM									
10:30 AM									
11:00 AM									
11:30 AM									
12:00 PM									
12:30 PM									
1:00 PM	Open Swim/Lap Swim 1-4	Water Fitness 1-1:45	Open Swim/Lap Swim 8:00-7:30	Water Fitness 1-1:45	Open Swim/Lap Swim 8:00-7:30	Water Fitness 1-1:45			
1:30 PM									
2:00 PM				Open Swim/Lap Swim 1:45-5:30		Open Swim/Lap Swim 1:45-5:30	Open Swim/Lap Swim 1:45-5:30	Open Swim/Lap Swim 1:45-7:30	
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM									
4:30 PM									
5:00 PM									
5:30 PM		Water Fitness 5:30-6:15		Open Swim/Lap Swim 8:00-7:30		Water Fitness 5:30-6:15	Open Swim/Lap Swim 8:00-7:30	Water Fitness 5:30-6:15	
6:00 PM									
6:30 PM		Open Swim/ Lap Swim 6:15-7:30	OpenSwim/ Lap Swim 6:15-7:30		OpenSwim/ Lap Swim 6:15-7:30				
7:00 PM									
7:30 PM									

· Pool is closed if guards are unavailable—call to confirm schedules.

· Cell Phones are prohibited in locker rooms. Phone lockers are available in the lobby.

· POOL PARTIES available Saturday afternoons and Sunday mornings & nights. Contact us for details.

· During shared Open/Lap Swim times, 2 lanes will be available for laps. The remainder of the pool is for open swimming. Respect other swimmers.