

Symons Recreation Complex Pool Schedule

Pool, Sauna, Whirlpool – *FREE for Members!*

Pool, Sauna, Whirlpool for Non-Members \$5.00 /day

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00 AM		Lap Swim 6-8						
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM		Adult Water Fitness 8-9:45	Open Swim/Lap Swim 8:00-7:30	Adult Water Fitness 8-9:45	Open Swim/Lap Swim 8:00-9:45	Adult Water Fitness 8-9:45	Open Swim/Lap Swim 8-12	
8:30 AM								
9:00 AM								
9:30 AM								
10:00 AM		Open Swim/Lap Swim 9:45-1:00			Open Swim/Lap Swim 9:45-1:00			
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM								
12:30 PM								
1:00 PM	Open Swim/Lap Swim 1-4	Water Fitness 1-2		Water Fitness 1-2	Open Swim/Lap Swim 1-2	Water Fitness 1-2		
1:30 PM								
2:00 PM			Open Swim/Lap Swim 2:00-7:30		Open Swim/Lap Swim 2:00-7:30			
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM		Water Fitness 5:30-6:30		Water Fitness 5:30-6:30	Open Swim/Lap Swim 4:00-7:30	Open Swim/Lap Swim 4:00-7:30		
6:00 PM								
6:30 PM		Open Swim/Lap Swim 6:30-7:30		Open Swim/Lap Swim 6:30-7:30				
7:00 PM								
7:30 PM								

- Pool is closed on Thanksgiving & November 29th.
- Pool also closed if guards are unavailable—call to confirm schedules.
- Cell Phones are prohibited in locker rooms.

- **POOL PARTIES** available Saturday afternoons and Sunday mornings & nights. Contact for details.
- During shared Open/Lap Swim times, 2 lanes will be available for laps. The remainder of the pool is for open swimming. Respect other swimmers.