

Symons Recreation Complex Pool Schedule

Pool, Sauna, Whirlpool – *FREE for Members!*

Pool, Sauna, Whirlpool for Non-Members \$5.00 /day

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|----------|-----------------------------------|---|---|---|---|---|---|--|
| 6:00 AM | | Lap Swim 6-8 | | | | | | |
| 6:30 AM | | | | | | | | |
| 7:00 AM | | | | | | | | |
| 7:30 AM | | | | | | | | |
| 8:00 AM | | Adult Water Fitness 8-9:45 | Open Swim/Lap Swim 8:00-7:30 | Adult Water Fitness 8-9:45 | Open Swim/Lap Swim 8:00-9:45 | Adult Water Fitness 8-9:45 | Open Swim/Lap Swim 8-12 | |
| 8:30 AM | | | | | | | | |
| 9:00 AM | | | | | | | | |
| 9:30 AM | | | | | | | | |
| 10:00 AM | | Open Swim/Lap Swim 9:45-1:00 | | | Open Swim/Lap Swim 9:45-1:00 | | | |
| 10:30 AM | | | | | | | | |
| 11:00 AM | | | | | | | | |
| 11:30 AM | | | | | | | | |
| 12:00 PM | | | | | | | | |
| 12:30 PM | | | | | | | | |
| 1:00 PM | Open Swim/Lap Swim 1-4 | Water Fitness 1-2 | Open Swim/Lap Swim 8:00-7:30 | Water Fitness 1-2 | Open Swim/Lap Swim 1-2 | Water Fitness 1-2 | | |
| 1:30 PM | | | | | | | | |
| 2:00 PM | | Open Swim/Lap Swim 2:00-7:30 | | | Open Swim/Lap Swim 2:00-7:30 | | | |
| 2:30 PM | | | | | | | | |
| 3:00 PM | | | | | | | | |
| 3:30 PM | | | | | | | | |
| 4:00 PM | | | | | | Open Swim/Lap Swim 4:00-7:30 | Open Swim/Lap Swim 4:00-7:30 | |
| 4:30 PM | | | | | | | | |
| 5:00 PM | | | | | | | | |
| 5:30 PM | | | | | | | | |
| 6:00 PM | | Water Fitness 5:30-6:30 | | Water Fitness 5:30-6:30 | | | | |
| 6:30 PM | | Open Swim/Lap Swim 6:30-7:30 | | Open Swim/Lap Swim 6:30-7:30 | | | | |
| 7:00 PM | | | | | | | | |
| 7:30 PM | | | | | | | | |

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| <ul style="list-style-type: none"> · Pool is closed on Thanksgiving & November 29th. · Pool also closed if guards are unavailable—call to confirm schedules. · Cell Phones are prohibited in locker rooms. | <ul style="list-style-type: none"> · POOL PARTIES available Saturday afternoons and Sunday mornings & nights. Contact for details. · During shared Open/Lap Swim times, 2 lanes will be available for laps. The remainder of the pool is for open swimming. Respect other swimmers. |
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