

1250 Symons Circle • Richland Center, WI 53581 • 608-647-8522 • info@symonsrec.com

Symons Sharks Swim Team Handbook

Dear SHARK Parents,

Welcome to the Symons Recreation Complex SHARKS Swim Team. We strive to provide a professional-quality swim team program for your children. Our mission is to provide and promote a family friendly recreational swim program, which teaches children to swim to their personal best while showing respect and good sportsmanship to teammates and fellow competitors.

The SHARKS swim team is an organized team through Symons Recreation Complex (SRC) in Richland Center that requires parent support. The Swim Team is governed by a Symons Staff and an Executive Board elected by, and from, the parents. As a member of the team, every family has certain responsibilities, including fundraising and working on the swim meets hosted by our team. To make this a successful program, we depend on families to participate and be active members of the SHARKS Swim Team.

The SHARKS Handbook contains the details and procedures you need to know, including details about:

Coaching Policies
Meet Procedures
Fundraising Expectations
Volunteering Expectations
Executive Board By-Laws

Please make yourself familiar with this information so that you will know how the team works and how we all contribute to the success of the SHARKS Team. If you have any questions please feel free to contact the coaching staff of one of the Board members.

Thank you,

The Symons SHARKS Swim Team

OVERVIEW OF THE SHARKS SWIM TEAM

Team Handbook

The current version of this handbook will be available on the Symons Recreation Complex website, www.symonsrec.com. Updates of the handbook will be conducted as necessary by the Executive Board.

About the Team

Symons SHARKS Swim Team is a member of the Southwest Wisconsin Conference. The SHARKS are made up of area youth boys and girls ages 5 to 18. The SHARKS were formed in 1990.

Mission Statement

Provide and promote a family friendly recreational swim program, which teaches children to swim to their personal best while showing respect and good sportsmanship to teammates and fellow competitors.

Team Fees

A registration fee has been established to support the pool time and coaching fees for the season. Rates are for members of SRC and non-members. It is not necessary to be a member of the SRC to swim with the Sharks. Swimmers without a membership will be allowed into the pool 5 minutes before practice time and expected to leave the pool after practice.

Team Swim Suit: Although not mandatory, swimsuits are available to be purchased and used for meets. The SHARKS Swim Team Organization pays ½ of the cost of one suit for each swimmer for year.

COACHING STAFF RESPONSIBILITIES

It will be the responsibility of the Symons Recreation Complex to hire the Coach for the Symons SHARKS swim team. The coaches' job is to supervise the entire swim team program. The Symons SHARKS swim team coaching staff is dedicated to providing a program for youths up to age 18 that will enable them to learn the value of striving to improve oneself, "to be the best you can be". Therefore, coaches must have control in matters concerning training and competition.

- *The coaches are responsible for placing swimmers in training groups. This is based on the age and ability level of each individual. When it is in the best interest of the swimmer, he/she will be placed in a more challenging training group by the coach.
- *Sole responsibility for stroke instruction and training regimen rests with the coaching staff. Practices are geared toward the improvement of stroke and goals of the group.
- *The coaching staff will make decisions concerning which events a swimmer will be entered in.
- *At meets, the coaching staff will conduct and supervise all warm-up procedures. After each race, the coaches will offer constructive comments regarding the swimmer's performance (It is the parents' job to offer love and understanding regardless of their swimmers performance).

SHARK TEAM MEMBERS RESPONSIBILITIES

All SHARK team members have responsibilities to the Symons Recreation Complex and their teammates.

- *Swimmers should make every effort to attend swim practice daily, and should arrive 5 minutes early for their schedule practice so they are on deck and ready to swim.
- *Swimmers are responsible for reporting the information they receive from the coaches at practice to their parents.

- *Swimmers are responsible for checking emails and reading correspondences for changes and for new information regarding the SRC SHARKS Swim Team events.
- *Swimmers are expected to know their event numbers and be ready to report to the bullpen when their event is called.
- *Swimmers will display courteous and sportsmanlike behavior at all practices, meets, and other team events.
- *Swimmers are encouraged to show good team spirit by encouraging and cheering on teammates during their individual events and during relays.
- *Each swimmer is responsible for respecting the property of other swimmers on their team and on the opposing teams.
- *Once entered in a meet, a swimmer must swim in all events he/she is entered in unless unable to do so for medical or other emergency reasons.
- *Swimmers are not to interfere with the progress of another swimmer during practice or meets.
- *At all team events whether practice, meets or social gathering, swimmers are expected to behave in a positive manner.
- *Verbal and physical abuse of coaches, officials or other swimmers will not be tolerated.
- *At all meets and practices swimmers will leave the Symons Recreation Complex or the visiting facility in the same condition in which they found it.
- *Swimmers will not use any controlled substances including alcohol or tobacco at any team activities.
- *All swimmers are expected to respect ALL COACHES during practice, meets and swim team functions. A swimmer, at the coach's discretion, may be removed from practice or a meet when a swimmer is disruptive.

SHARKS CODE OF CONDUCT

One of the goals of the swim team program is to promote a high standard of behavior in a group setting. An emphasis is placed on the qualities of honesty, respect, responsibility and caring. All members of the SHARKS swim team will be bound by this Code of Conduct. By participating as a team member, each swimmer is required to demonstrate exemplary behavior. Besides representing yourself you are representing the team, our community and Symons Recreation Complex. Sportsmanship and mature conduct are qualities that will be expected of all SHARKS swim team members in and out of the pool. Discourteous behavior, foul language, use or possession of illegal drugs, alcohol or tobacco products, destruction of property or any other conduct which could be interpreted as injurious to the group or individual will not be tolerated. Violations may result in suspension from one or more practices or meets or permanent dismissal from the team. Dismissal will require a vote from the Executive Board, Coach and a Symons Recreation Complex Representative.

SWIMMER CODE OF RESPONSIBILITIES

As a participating swimmer on the Symons SHARKS Swim Team, I understand and accept the following responsibilities.

- 1. I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- 2. I will respect the property of others.
- 3. I will respect and obey the rules of the Symons SHARKS, of the Symons Recreation Complex and the laws of my community, state and country.
- 4. I will follow the Symons SHARKS Code of Conduct and adhere to the practice guidelines.

Penalty:

- 1. First Violation: After the first violation of the Swimmer Code of Responsibilities, the swimmer shall lose eligibility on the swim team for the next week of the season.
- 2. Second Violation: After confirmation of the second violation, the swimmer shall lose eligibility on the swim team for the next two weeks of the season.
- 3. Third Violation: After confirmation of the third violation or subsequent violations, the swimmer shall lose eligibility on the swim team for the remainder of the season.

Bullying Policy

All members of the SHARKS Swim Team have the right to feel safe at Symons Recreation Complex or any other facility. All members of the SHARKS Swim Team should be able to attend practice/meets free from bullying. All members of the SHARKS Swim Team will treat team members with courtesy and respect.

Description: Behavior becomes bullying and hence unacceptable when it is deliberately aggressive, persistent and intended to scare or hurt another person. It can include hitting, taunting, name calling, or rumor spreading.

Consequences: Bullying behavior will not be tolerated. Swimmers and parents are encouraged to report any incidents of bullying to the Team coach. All reports of bullying will be investigated and appropriate disciplinary action will be taken.

PARENTS OBLIGATION AND RESPONSIBILITIES

- *Parents will demonstrate good sportsmanship and direct their children to behave in the same manner.
- *Parents are responsible for ensuring that their swimmers respect all coaches and understand the discipline policy.
- *Parents are encouraged to assist in the operation of the home meets, to attend meets and to provide support and encouragement to all swimmers on the SHARKS team.
- *Parents will refrain from approaching the coaches during practice and during meets so the coaches may perform their duties during these times.
- *Parents will serve on one of the Committees and help with home meets.
- *Parents will help and support the SHARKS swim team at away meets.

Fundraising

The SHARKS Swim Team is responsible for fundraising to help defray the cost of operating the team. The costs that are associated with a swim team are: Entry Fees to Swim Meets, Awards and Ribbons, equipment, training for coaches and subsidizing the cost for the team Swimsuits. On average, the Swim Team needs to raise between \$5,000 to \$7,000 each season to sustain the SHARKS Swim Team.

Concession Stands is funded and staffed by parent donations and parent volunteers. Please check the bulletin board for items that your family can donate or sign up online.

T-Shirt Sales - All proceeds from the sale of SHARKS t-shirts and sweatshirts help to support the SHARKS Swim Team.

Raffle- All proceeds from the raffle are used to support the SHARKS swim team

Banners- Please thank the business sponsors for their support of the Sharks Swim team, through the purchase of 6 lane identification banners, on the far wall of the pool.

SYMONS RECREATION COMPLEX OBLIGATION AND RESPONSIBILITES

- *SRC will provide a liaison that will work with the Coach, Executive Board and Swim Team.
- *SRC will be responsible for hiring the SHARKS Swim Team Coach.
- *SRC will maintain and host the SHARKS page on their website.
- *SRC will provide the pool for practice and home swim meets.
- *SRC will be responsible for ordering the swim suits for the season.
- *SRC is responsible for performing background checks on coaches and Executive Board members.

SHARKS SWIM TEAM EXECUTIVE BOARD OBLIGATIONS AND RESPONSIBLITIES

- *Will be responsible for organizing the fundraisers for the season
- *Will be responsible for organizing the parent group to set up for home swim meets.
- *The Board will be responsible for disseminating information to members.
- *Will assist with recruiting and retaining SHARKS swimmers and their families.
- *Will make suggestions for reinvesting funds raised for SHARKS Swim Team.
- *The Executive Board members will sign a volunteer agreement with the SRC, which allows for background checks.

General Policies

Practice Policy

- *Practices will start at the designated time. It is to the swimmer's advantage to come early for stretching exercise.
- *Restrooms should be used before and after workout.
- *Swimmers will help set up and put away of all equipment.
- *Swimmers are expected to arrive at the pool with a "practice" attitude. Behavior that either disrupts another swimmer's ability to practice or the coach's ability to conduct practice is inappropriate and will not be tolerated.
- *All swimming practices are open to observation by parents, from the atrium or lobby.
- *Practices will end on time so parents must be on time to pick up their children.
- *Parents should refrain from talking to the coaching staff during the schedule practices.
- *It is not required to have a membership at Symons Recreation Complex to participate on the Swim Team. If you are not a member of Symons Recreation Complex and would like to swim before or after practice, there is an additional fee of \$3.00/\$5.00 per child, for using the pool.

What to bring to practice

Swimsuit -Any color nylon, spandex or Lycra suit. Pair of goggles Towel

Meet Entry Process

Swim Meets provide swimmers with the opportunity to apply what they are learning at practice. Prior to each meet, swimmers and their parents are given the opportunity to sign-up to participate in a meet. This process is done on-line. At the beginning of the season, the team will provide a link to this information. Swimmers will not be entered in any meets unless they have indicated that they want to participate prior to the announced deadline, which is usually 48 hours prior to the schedule meet. Failure to sign up by the deadline could result in the swimmer not being able to participate in all of the events that they are able to. If there is an emergency that would prevent a swimmer from attending a Swim Meet, it would be appropriate to call the Coach or an Executive Board Member to withdrawal from a Swim meet. It is recommended that swimmers are signed up 48 hours prior to the scheduled meet.

Weather Related Cancellations/Postpone Swim Meets:

If a Swim Meet is cancelled/postpone the decision will be made by 2:00 p.m. Listen to WRCO radio. If have provided us an email or a number for a text message alert, these messages will be sent out.

Meet Policies

- *All swimmers are to be ready to warm-up when warm-ups begin. It is usually 1/2 hour prior to the start of the meet.
- *The coaching staff will make all final decisions as to the entries and scratches.
- *All swimmers are encouraged to sit together as a team.
- *Swimmers are expected to check in with the coach when arriving to the meet to obtain event cards

What to bring to Meets

SHARKS swim team suit.

At least one towel

Swim Cap (optional)

Goggles

Sunscreen

Sweatshirt and Sweatpants (Fleece material)

Drink: Water, sports drink or fruit juice.

Snacks. Suggestions: Fruits, granola type bars, trail mix, muffins, bagels.

Playing cards, small games or a personal music player.

Team Spirit, Cheers and Good Sportsmanship.

Family members may wish to bring lawn chairs and coolers with food and drink.

Specific Information on Swim Meet

A swimmer may swim in a total of 3 individual events and 2 relays, per meet.

The Order of Events, For Every Stroke is

8 and under Girls 11-12 Girls 15-18 Girls 8 and under Boys 11-12 Boys 15-18 Boys

9-10 Girls 13-14 Girls 9-10 Boys 13-14 Boys

The Order of Events for Every Swim Meet is

Medley Relay- 3-4 swimmers take turns swimming one lap of the back stroke, breaststroke, butterfly and freestyle. If a team has only 3 swimmers, one swimmer will swim twice. Some meets do not allow for 3 person relays.

Free- Also known as the American Crawl, Front Crawl or Short Free.

Back Stroke

Butterfly

Long Free- Swimmers swim the Free-style stroke but for a longer distance.

Breast Stroke

IM- Individual Medley- One swimmer swims all four strokes (Butterfly, Backstroke, breaststroke, freestyle).

Free Relay- Free Style Relay – 3-4 swimmers all swim the Freestyle stroke. If a team only has 3 swimmers, one swimmer will swim twice. Some meets do not allow for 3 person relays.

Distances

The age groups of 8 and under and 9-10, swim 25 yards or one pool length of a stroke.

The age groups of 11-12, 13-14, 15-18, swim 50 yards or two pool lengths of a stroke.

The only exception is for the Long Free. In the Long Free, the 9-10 age groups swim 50 yards or 2 lengths.

The 11-18 age groups swim 4 lengths or 100 yards.

Scoring for Meets

Scoring for a dual meet: Individual events 5-3-1 and Relays 7-4-2.

Scoring for a triangular meets: Individual events 6-4-3-2-1 and Relays 8-6-4-2.

Scoring for Invitational and Conference Meets

Individual Events: 16-13-12-11-10-9-7-5-4-3-2-1 Relay Events: 20-18-16-14-12-10-8-6-5-4-3-2

Only the first two relays of each team will score points in the relay events; however the remaining relays will receive the proper medal and ribbons for their places. If a team places first, third and sixth in a relay, they will receive the points and awards for first and third, but they will receive awards for the sixth place finish.

Reporting for Events

All swimmers must report to the bullpen when the event is announced.

All swimmers should have proper equipment, goggles and swim caps (optional).

All swimmers will have their event card to turn in to the bullpen worker.

All swimmers will receive a lane assignment.

All swimmers are expected to be respectful to workers and other swimmers

All swimmers are to wait in bullpen area after checking in for event until directed to move into lanes.

Meet Related Job Descriptions- Parent Volunteers

The following outlines the jobs that are required to run a meet, including a brief description of what the job entails. As a SHARKS Swim Team Parent, it is the expectation of the club that at least one parent from each family is available to assist in every home meet.

Meet Manager: Organizes the meet, identify and coordinate meet workers and assist the Starter the day of the meet to ensure that everything runs smoothly and efficiently. (1 Parent Volunteer)

Set-up Crew: Responsible for setting up the required areas for the home swim meets, bullpen, concessions, etc. (10-15 Parent Volunteers)

Starter: Responsible for start/finish of each race. They watch for false starts and verify that the strokes are correct. (1 Parent Volunteer)

Timers: Responsible for operating the stopwatch to record a swimmer's time on the timer sheet. (6 volunteers)

Runners: Responsible for distributing and retrieving timer sheets during the meet. (2 Parent Volunteers)

Bullpen: Responsible for assigning lane assignments to all swimmers. (3 Parent Volunteers)

Computer: Responsible for running the swim meet computer program. Includes entering the swimmers' finish times and posting the place finishes. (2 Parent Volunteers)

Awards: Responsible for getting the award labels from the computer person, placing them on the awards and filing awards in appropriate team envelopes. (1 Parent Volunteer)

Announcer: Responsible for warm-up session and bullpen announcements. Responsible for keeping the swim meet moving at a steady pace. (1 Parent Volunteer)

Concession Stand: Responsible for selling snacks. (4-8 Parent Volunteers)

Clean-up Crew: Responsible for taking down the bullpen, concessions, and general pick-up from the Swim meet. (4-8 Parent Volunteers)

SHARKS Parent Committees

Fundraising: Responsible for coordinating all activities which raise funds for the team. Provide reports to the Treasurer on funds raised. Track the status of each SHARKS member's fundraising commitment and communicate status as required.

Meet Coordinator: Responsible for coordinating parent volunteers for home swim meets.

Concessions: Responsible for coordinating food donations for home swim meets.

Activities: Responsible for coordinating special events, including End of year Party, Pictures,

New Member Coordinator: New Member coordinator will match up New SHARK Swim Team Families with a veteran Family. The Family Mentor will contact the New Family to answer any questions that they might have. Mentors will help to get the family through the Volunteering process, meet procedures and just be a contact for them.

Media: Responsible for getting results to WRCO and Richland Observer.

Directions to Area Pools

Boscobel 608-375-5884 Travel time from RC: 40 Minutes

1701 Wisconsin Avenue

Take Hwy 133 South from Muscoda. When you get to Boscobel, turn Left on Wisconsin Avenue. Drive through the downtown area. Pool is located about 4 blocks from the Downtown area on left. (Boscobel Stingrays)

Prairie Du Chien 608-326-8071 Travel time from RC: 1:10 minutes

1401 East Wells

Take Hwy 60 to Hwy 35 into Prairie Du Chien. Once in Prairie Du Chien, Turn Right on Well Street, next to Hardees. The Pool is located about 6 blocks on the left. (PDC Waterhawks)

Lancaster 608-723-2495 Travel time from RC: 1:05 minutes

550 South Eaton Street

If you are coming into Lancaster from Fennimore, follow Hwy 61 into town and around the square area. Turn left on Lincoln Avenue and go about 6 blocks. The pool is located on the left, across from the golf course.

Mineral Point 608-987-2175 Travel time from R.C: 1 hour

114 Shake Rag Street

If you are coming into Mineral Point from Dodgeville on hwy 151, turn left on Shake Rag Street. Go straight at the first stop sign. At the 2nd stop sign left on Cooper. Pool is located on the hill.

Dodgeville 608-935-3022 Travel time from RC: 45 Minutes

501 South Dacotah Street

If you are coming in from Lone Rock on Hwy 130, turn left on Hwy 23. Stay on Hwy 23 through downtown Dodgeville. The pool is located about 5 blocks on the left, once you pass the down town area on Parry Street. Look for a sign for "Centennial Park".

(Dodgeville Dolphins)

Miscellaneous Team Information

Communication

Website

Information about the SHARKS Swim Team can be found on the Symons Recreation Complex website www.symonsrec.com/sharks-swim-team/

The page is designated for the SHARKS Swim Team. Information that you will find:

Schedules

Meet information

Directions to the Pools

Photos

By-Laws for Executive Board

Face Book

The Sharks have a private face book page. Please send your email to <u>denise@symonsrec.com</u>, if you would like to be a part of this group.

Emails

Sign up to receive emails about Special Meetings and updates, at the front desk. You will also receive an email detailing how to sign a child up for meet, volunteer opportunities at meets, and when to donate items for the concession stand.

Text Message

When completing the registration form, sign up for the text message alert, for cancelled swim meets.

Team Meetings

There are usually general parents' and swimmer meetings held throughout the year. We encourage at least one adult from your family attends them. This is an opportunity to ask questions and get the latest information. Please see the website or bulletin boards for time.

Terms to Know

Bull Pen- A place designated, at meets, where swimmers are to report to get lane assignment.

Deck Seeding- A procedure of assigning swimmers to proper lanes.

Dolphin Kick- Used in the butterfly, and during underwater portions of freestyle and backstroke races, where the thrust of the kick comes from the hips, and the feet and legs are held together.

DQ- This is an abbreviation for the disqualification of a swimmer. This can happen when a swimmer does an incorrect technique during the race. This is to insure that all swimmers swim the proper techniques as stated in the Southwest Wisconsin Conference Swim Rule's. This is a way to help swimmers correct errors and help them to be better swimmers.

Event Card- A card that lists the event the swimmer is swimming in for the meet. These are turned in at the bullpen to receive Lane Assignment.

False Start- Occurs when a swimmer either leaves the starting blocks(or side of pool) or is moving on the block before the starter officially starts the race.

Flags- Backstroke flags are placed five meters from the end of the pool. They enable backstroke swimmers to execute a backstroke turn more efficiently by providing a mark by which to count their strokes.

Flip Turn- Used in freestyle and backstroke races, where swimmers flip over before reaching the wall and push off with their feet, never touching the wall with their hands.

Heat- Is the group number that the swimmer in assigned to in a competitive stroke.

IM- Abbreviated term from individual medley, an event in which the swimmer uses all four competitive strokes in the following order: butterfly, backstroke, breaststroke and freestyle.

Lane Assignment- Swimmers are assigned a lane to swim in during a race. The timer will use the event card to post the swimmer finished time.

Warm-ups- Used by a swimmer prior to a main practice and meet. Swimmer used this time to get their muscles warmed up.

"The Ten Commandments for Swimming Parents"

1. Thou shall not impose ambitions on thy child.

Remember that swimming is the child's activity. The child will progress at his own speed. Nothing is worse than a parent forcing a child to do something he does not want to do. The nice thing about swimming is that each person can strive to do his or her personal best. It doesn't matter whether they come in first or last, they can all improve themselves.

2. Thou shall be supportive no matter what.

There is only one question to ask the child "Did you have fun"? If meets and practices aren't fun, the child should not be forced to participate.

3. Thou shall not coach your child.

You have taken your child to a professional coach; do not undermine that coach by trying to coach your child on the side. Your job is to support, love and hug your child no matter what. The coach is responsible for the technical part of the job. You should not offer advice on technique or race strategy. That is not your area. This will only serve to confuse your child and prevent that swimmer/coach bond from forming.

4. Thou shall only have positive things to say at a swimming meet.

If you are going to show up at swimming meet, you should cheer and applaud, but never criticize your child or the coach.

5. Thou shall acknowledge thy child's fears.

It is totally appropriate for a child to be scared to death at his first swimming meet, or her first 500 free, or 200 IM. Don't yell or belittle, just assure your child that the coach would not have put her in that event if she did not feel she were ready.

6. Thou shall not criticize the officials.

If you do not have the time or the desire to volunteer as an official, don't criticize those who are doing the best they can.

7. Honor thy child's coach.

The bond between coach and swimmer is a special one, and one that contributes to your child's success as well as fun. Do not criticize the coach in the presence of your child; it will only serve to hurt your child's swimming.

8. Thou shall have goals besides winning.

Encourage your child to do her best. Giving an honest effort no matter what the outcome is much more important than winning. One Olympian said, "My goal was to set a World Record. Well, I did that, but someone else did it too, just a little faster than I did. I achieved my goal and I lost. This does not make me a failure, in fact, I was very proud of that swim".

9. Thou shall not expect thy child to become an Olympian.

There are 225,000 athletes in United States Swimming. There are only 52 spots available for the Olympic Team every four years. Your child's odds of becoming an Olympian are 1 in about 4,300. Swimming is much more than just the Olympics. Swimming teaches self-discipline and sportsmanship; it builds self-esteem and fitness; it provides lifelong friendships and much more. Most Olympians will tell you that these intangibles far outweigh any medal they may have won. Swimming just builds good people and you should be happy your child wants to participate.

By-laws for Executive Board

Revision 1 April 4, 2011

SYMONS Sharks Summer Recreation Swim Team

Mission Statement

Provide and promote a family friendly recreational swim program, which teaches children to swim to their personal best while showing respect and good sportsmanship to teammates and fellow competitors.

Article I: Official Name

Section 1: The name of the Organization shall be Symons Sharks Summer Recreation Swim Team (SRST).

Article II: Principal Office

Section 1: The principal office is located at Symons Recreation Complex - 1250 Symons Circle West, in the City of Richland Center, Richland County, Wisconsin

Article III: Objects

Section 1: The SRST is organized to manage money, organize swim meets, and disseminate information to members, and recruit and retain swimmers and their families.

Article IV: Composition and Appointment

Section 1: All parents and guardians of current swimmers are voting members of SRST.

Section 2: Executive Committee will be made up of the President, Vice President, Secretary, Ex Officio (President) and a (non-voting) Symons Recreation Center Representative.

Article V: Terms

Section 1: Subsequent to the initial appointments, terms of membership in the Executive Committee shall be one year. Terms will be for one year beginning October 1st and terminate on September 30th of the following year.

Section 2: The Vice President shall move into the President position after a one-year term. The President shall remain on the Executive Committee for one additional year after their term has been fulfilled

Section 3: With the exception of the Symons Recreation Complex Representative, no member shall serve more than three (3) consecutive terms in one Executive Committee position.

Article VI: Removal

Section 1: Any member of the Executive Committee may call a special meeting to discuss and vote on the removal of any other member of the Executive Committee.

Article XII: Supervision

Section 1: Symons Recreation Complex Representative will have veto authority over the Executive Committee.

Article VIII: Officers

Section 1: Officers of the Executive Committee will be required to sign a Symons Recreation Complex Volunteer Agreement.

Article IX: Duties

Section 1: The President shall preside at all meetings; call meetings of the organization and

appoint members to committees.

Section 2: The Vice President shall assist the President and assume the position if the President is unable to fulfill the job.

Section 3: The Secretary shall maintain the organization meeting minutes and Executive Committee contact list.

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Article X: Meetings

Section 1: Regular meetings of the Organization will be held at the discretion of the Executive Committee. Section 2: An annual meeting will be held in August of each year (as part of the end of year party) to nominate and elect the Vice President, Secretary and Treasurer for the upcoming year.

Article XI: Notice

Section 1: Reasonable advance notice of all meetings shall be given in writing.

Article XII: Quorum

Section 1: A majority of the full membership of the Executive Committee shall constitute a quorum. A majority of those present and participating shall be required for the taking of all actions of the Executive Committee. Voting may take place via email.

Article XIII: Amendment or Supplementation

Section 1: These regulations may be amended or supplemented by action of a majority of the full membership of the Executive Committee, at any regular meeting or by assent in writing.

Article XIV: Dissolution

Section 1: Upon the dissolution of the Symons Sharks Summer Recreation Swim Team, the organization of the Sharks Summer Recreation Swim Team will return to the Symons Recreation Complex. Swim team assets are part of Symons Recreation Complex which falls under Richland County.

Revision History Revision Date Revision Details

1 4/4/2011 Original Release of By-laws